



# Paul Veenemans-prijs Gyas Groningen

pos	nr	inschrijving			wielrennen		hardlopen		schaatsen		roeien		totaal
1.	16	Skadi 1	Mitchel Steenman	H	14:29,2	108,072			06:15,8	110,000	11:19,8	110,000	<b>328,072</b>
2.	17	Gyas 15	Rogier Blink	H	14:04,9	109,509	18:43,1	105,056			11:19,8	110,000	<b>324,565</b>
3.	5	Skøll	Matthijs Vellenga	H	14:11,5	109,119	18:29,3	105,650	07:28,3	103,966	11:28,0	109,286	<b>324,055</b>
4.	4	Proteus	Arnoud Greidanus	H	15:45,9	103,536	17:06,7	109,208	07:19,1	104,732	11:19,9	109,991	<b>323,930</b>
5.	15	Skadi 2	Pieter Rom Colthoff	H	13:56,6	110,000	18:00,6	106,886			12:16,8	105,060	<b>321,946</b>
6.	3	Gyas 17	Joris Pijs	H	15:14,5	105,393	18:27,1	105,745			11:19,9	109,991	<b>321,129</b>
7.	35	Euros	Erik Dietrich	H	14:04,6	109,527			07:02,0	106,155	12:21,5	104,652	<b>320,334</b>
8.	18	Okeanos 2	Jan Erik Freund	H	15:17,6	105,210	17:25,4	108,402			12:11,0	105,563	<b>319,175</b>
9.	2	Gyas 27	Ben van Oeveren	H	14:24,1	108,374	16:48,3	110,000	06:33,4	108,535	13:08,8	100,548	<b>319,083</b>
10.	75	Hunze 5	Taco de Jong	VA	14:16,9	108,800	17:59,3	106,942			12:39,4	103,100	<b>318,841</b>
11.	53	Poseidon	Jan Frits de Gans	VD	14:20,7	108,575			07:05,4	105,872	12:58,0	101,486	<b>315,933</b>
12.	72	Viking 1	Mark Kauw	VA	15:04,0	106,014	17:51,1	107,295	07:36,9	103,250	12:49,0	102,267	<b>315,577</b>
13.	6	Aegir	Menno van Blitterswijk	H			18:08,5	106,546	08:29,7	98,856	11:28,0	109,286	<b>314,688</b>
14.	55	Hunze 2	Ido Groenveld	VA	15:47,0	103,471	18:33,8	105,457			12:10,4	105,615	<b>314,543</b>
15.	36	Okeanos 1	Peter Tjeerdsma	H	16:16,4	101,733	17:29,9	108,208			12:28,7	104,028	<b>313,969</b>
16.	81	RIC	Stijn Karst	J18			19:03,2	104,190	07:07,3	105,714	12:30,6	103,863	<b>313,767</b>
17.	125	Wetterwille 2	Huub Bots	VC	16:11,4	102,028	17:50,4	107,326			12:34,8	103,499	<b>312,853</b>
18.	8	Gyas 24	Sybolt Okke de Vries	H	16:01,0	102,643	18:55,2	104,535			12:10,9	105,571	<b>312,750</b>
19.	60	ARC	Bas Nieuwenhuis	VB	15:40,4	103,862			07:05,6	105,855	12:51,8	102,024	<b>311,741</b>
20.	1	Gyas 2	Frank Janssen	H	15:42,3	103,749	17:53,0	107,214	08:50,4	97,133	13:08,8	100,548	<b>311,511</b>
21.	56	Ruyter 5	Cees van Dok	VC	15:21,4	104,985			06:49,8	107,170	13:29,4	98,763	<b>310,918</b>
22.	54	Alkmaarsche	Frank Al	VB	15:37,7	104,021	19:56,5	101,895			12:18,1	104,947	<b>310,863</b>
23.	30	Okeanos 3	Martijn Veling	H	15:08,7	105,736	19:45,5	102,369	08:34,4	98,464	12:44,2	102,683	<b>310,788</b>
24.	33	Gyas 14	Joost Kuiper	H	16:44,2	100,089	19:22,6	103,355			12:05,4	106,049	<b>309,492</b>
25.	66	Hunze 4	Marten Imelman	VC	16:39,1	100,390			07:18,5	104,782	12:27,7	104,114	<b>309,286</b>



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26.	45	Aengwirden 1	Alex Wiersma	VA	16:02,2	102,572			06:58,2	106,471	13:22,3	99,376	<b>308,420</b>
27.	20	Gyas 13	Jelle Vos	H	16:11,5	102,022	20:40,5	100,000			12:07,9	105,832	<b>307,854</b>
28.	10	Gyas 20	Bouke Lubach	H			18:28,0	105,706	08:09,7	100,520	13:11,4	100,319	<b>306,545</b>
29.	39	Salland 2	Marthijs Wegdam	VB	14:05,8	109,456			06:44,9	107,578	15:16,3	89,491	<b>306,525</b>
30.	27	Gyas 9	Ruud Pepping	H	16:27,7	101,064			08:02,3	101,136	12:33,2	103,637	<b>305,838</b>
31.	79	Zwolsche 2	Rinze Krol	VB	15:31,9	104,364	21:15,8	98,480			12:44,0	102,701	<b>305,545</b>
32.	84	Hunze 4	Luuk Adema	J18	16:20,8	101,473	20:35,8	100,202			12:41,0	102,961	<b>304,636</b>
33.	77	Hunze 1	Willem Larmoyeur	VC	16:45,7	100,000	19:45,7	102,360			12:49,2	102,250	<b>304,610</b>
34.	42	Gyas 23	Rutger de Vries	H	16:34,7	100,651	18:55,9	104,505	09:39,9	93,013	13:21,8	99,422	<b>304,577</b>
35.	22	Gyas 4	Thijs van der Woerdt	H			19:36,7	102,748	08:22,2	99,480	12:57,8	101,504	<b>303,731</b>
36.	74	Hemus	Jantinus Ziengs	VC	16:42,2	100,207	20:08,3	101,387			12:54,1	101,825	<b>303,418</b>
37.	7	Gyas 22	Nanne Sluis	H	15:16,7	105,263			09:45,7	92,530	12:10,9	105,571	<b>303,365</b>
38.	49	Ruyter 2	Eric Onderdelinden	VD	16:29,1	100,982			07:51,9	102,002	13:15,5	99,962	<b>302,945</b>
39.	58	Willem III	Ruben Klompmaker	VB	16:32,1	100,804	19:57,8	101,839			13:14,7	100,038	<b>302,681</b>
40.	87	Hunze 1	Melvin Twellaar	J18	17:15,5	98,238	21:07,0	98,859			12:14,4	105,268	<b>302,364</b>
41.	69	Hunze 3	Ingo Bos	VA	16:45,7	100,000	20:04,3	101,559	06:16,6	109,933	15:02,0	90,731	<b>302,224</b>
42.	25	Gyas 8	Geert Hemminga	H	16:31,4	100,846			09:06,4	95,801	12:10,9	105,572	<b>302,218</b>
43.	47	Ruyter 4	Mark Verwijs	VB	17:01,4	99,072			07:52,9	101,918	13:23,5	99,267	<b>300,257</b>
44.	32	Gyas 7	Jorrit Kortink	H	16:29,3	100,970	21:34,3	97,683			13:11,4	100,319	<b>298,972</b>
45.	48	Ruyter 3	Jorg Santen	VC	17:02,1	99,030			08:26,1	99,155	13:23,5	99,267	<b>297,452</b>
46.	70	Hertog 1	Yorick Desmense	VA	16:51,5	99,657			08:04,4	100,961	13:57,0	96,369	<b>296,987</b>
47.	50	Ruyter 1	Jacco Tolenaars	VB	16:53,8	99,521	21:40,8	97,403			13:15,5	99,962	<b>296,886</b>
48.	46	Aengwirden 2	Jelmer Rouwé	VC	16:29,0	100,988			09:00,0	96,334	13:22,3	99,376	<b>296,698</b>
49.	64	Hertog 2	Jan-Willem van Herpen	VB	17:26,6	97,581	20:44,2	99,841			13:28,9	98,806	<b>296,228</b>
50.	38	Gyas 6	Robbert van der Mijl	H	17:44,7	96,511	20:34,1	100,276			13:25,8	99,075	<b>295,862</b>



# Paul Veenemans-prijs Gas Groningen

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51.	26	Gyas 21	Tim van de Vendel	H	17:52,2	96,067	22:04,8			12:37,7	103,247	<b>295,684</b>	
52.	63	Hunze 6	Jan Jaap Feddema	VB	17:00,2	99,143	21:27,1			13:35,2	98,260	<b>295,396</b>	
53.	108	RIC 1	Caroline Ligthart	DVC	16:40,3	100,319		08:45,5	97,541	13:47,2	97,219	<b>295,079</b>	
54.	101	Zwolsche 1	Maartje van Reedt Dortland	DVA	18:12,8	94,849	19:30,8			13:55,8	96,473	<b>294,324</b>	
55.	88	Neptunus	Damion Eigenberg	J18	17:17,7	98,108	23:22,4			12:46,1	102,519	<b>293,654</b>	
56.	96	Gyas 2	Sophie Souwer	D	17:27,6	97,522	23:28,2			12:43,8	102,718	<b>293,018</b>	
57.	62	Nautilus 2	Tjeerd Meester	VA	17:01,0	99,095	22:42,6			13:27,4	98,936	<b>292,773</b>	
58.	19	Gyas 11	Jens Rasmussen	H	16:48,1	99,858		09:55,8	91,690	13:08,2	100,602	<b>292,149</b>	
59.	73	Nautilus 1	Maarten van der Velde	VB			21:14,9	98,519	08:52,2	96,983	13:55,0	96,543	<b>292,044</b>
60.	122	RIC 2	Marit Wolffenbuttel	DVC	17:23,4	97,771			07:53,6	101,860	14:45,0	92,206	<b>291,837</b>
61.	68	Laak	Olaf Licht	VA	16:53,5	99,539	23:31,6			13:19,7	99,604	<b>291,774</b>	
62.	76	RIC	Roel van der Steen	VC	17:20,7	97,930	22:44,3			13:24,7	99,171	<b>291,769</b>	
63.	109	Hunze 1	Janneke Bosch	DVB	17:00,9	99,101	22:45,6			13:44,6	97,445	<b>291,158</b>	
64.	24	Gyas 25	Klaes Wester	H	18:24,4	94,163	19:46,3			14:21,3	94,262	<b>290,759</b>	
65.	93	Okeanos	Kristel Kooij	D	17:29,4	97,416	23:10,1			13:20,4	99,544	<b>290,517</b>	
66.	83	Hunze 2	Carsten Helmich	J18	18:02,1	95,482	23:53,6			12:41,3	102,935	<b>290,101</b>	
67.	67	Nautilus 3	Jeroen Harrewijne	VB	16:30,3	100,911	23:15,5			14:15,0	94,808	<b>289,043</b>	
68.	31	Gyas 1	Montyn Stoffels	H	18:21,8	94,317	20:55,1			14:10,3	95,216	<b>288,904</b>	
69.	85	Gyas	Joris Admiraal	J18	16:38,1	100,449		09:40,4	92,971	14:12,5	95,025	<b>288,445</b>	
70.	86	Hunze 3	Wouter de Boer	J18	18:45,9	92,892	21:23,7			13:46,4	97,289	<b>288,320</b>	
71.	95	Gyas 6	Sela Bekker	D	18:10,1	95,009	21:26,7			14:20,8	94,305	<b>287,324</b>	
72.	103	Alkmaarsche 2	Anneloes Russell-van der Zee	DVD	18:30,6	93,797		08:45,9	97,507	14:09,5	95,285	<b>286,589</b>	
73.	106	Hertog	Rinske de Vries	DVA	18:36,8	93,430	23:07,1			13:27,7	98,910	<b>286,027</b>	
74.	94	Gyas 4	Emma van der Harst	D	18:39,6	93,264	21:55,5			14:04,5	95,719	<b>285,753</b>	
75.	40	Gyas 3	Willem Scholte	H	18:40,0	93,241	24:28,9			13:02,3	101,113	<b>284,518</b>	



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76.	110	Hunze 2	Wietske Aalders	DVA	18:33,5	93,625	22:28,3	95,357		14:12,8	94,999	<b>283,981</b>	
77.	34	Willem III	Jasper Koops	H	19:32,3	90,148	20:49,8	99,599		14:24,3	94,001	<b>283,749</b>	
78.	61	Wetterwille 1	Jehannes de Boer	VC	19:47,0	89,279			08:38,6	98,115	14:02,5	95,892	<b>283,285</b>
79.	124	Zwolsche 2	Mariska Mulder	DVD	18:42,9	93,069	22:38,5	94,918			14:37,7	92,839	<b>280,826</b>
80.	107	Hunze 3	Noortje Festen	DVA	18:15,8	94,672	25:18,8	88,015			13:59,4	96,161	<b>278,847</b>
81.	105	Alkmaarsche 1	Suzanne Braak	DVB	18:50,6	92,614	23:38,9	92,317	09:48,0	92,339	14:46,5	92,076	<b>277,028</b>
82.	78	Hoop	Henk Sillem	VD	19:36,6	89,894			11:26,8	84,116	14:26,6	93,802	<b>267,811</b>
83.	97	Neptunus	Anne-Men Huyzer	D	19:46,5	89,308	30:06,2	75,637	12:12,3	80,329	15:00,6	90,853	<b>260,490</b>
	80	Gyas	Gerrit de Jong	VD	16:33,6	100,716	21:31,0	97,825					
	82	Hoop	Albert Sillem	J18	16:47,2	99,911					15:24,6	88,771	
	28	Gyas 5	Marinus Kiep	H	17:06,5	98,770			08:49,3	97,224			
	37	Salland 1	Helmer Lodder	VA	17:51,0	96,138					13:15,6	99,960	
	91	Gyas 5	Marloes Plieger	D	18:18,0	94,542					23:13,6	48,093	
	57	Zwolsche 1	Jan Horst	VD	16:27,7	101,064							
	90	Gyas 3	Nienke Tuinstra	D	19:06,5	91,674							
	100	Gyas	Coby Tuinstra	DVD	21:52,2	81,875							