



# Paul Veenemans Prijs 2024

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| #  | St.<br>nr. | Cat. |    | Ploegnaam        | Deelnemer                   | R  | Wielrennen    | Schaatsen     | Hardlopen     | Roeien                   | Totaal<br>Punten |
|----|------------|------|----|------------------|-----------------------------|----|---------------|---------------|---------------|--------------------------|------------------|
| 1  | 631        | H    |    | Willem III       | Rik Rienks                  | 1x | 13:14.7 109.5 | 0.0           | 18:30.4 108.2 | 12:12.9 109.9            | 327.646          |
| 2  | 632        | H    |    | Thêta            | Sander de Graaf             | 1x | 13:43.4 108.2 | 07:17.5 108.6 | 17:59.5 109.0 | 12:12.0 110.0            | 327.581          |
| 3  | 656        | HM   | C  | Hoop             | Michiel Munneke             | 2- | 0.0           | 07:02.3 110.0 | 18:01.9 109.0 | 13:01.4 106.4<br>12:20.7 | 325.409          |
| 4  | 659        | HM   | B  | Maas             | Pieter Rom Colthoff         | 2- | 13:27.2 108.9 | 0.0           | 18:24.9 108.3 | 12:58.3 106.7<br>12:17.7 | 323.931          |
| 5  | 661        | HM   | B  | DDS              | Sander van Dijk             | 1x | 14:23.4 106.2 | 0.0           | 17:24.8 110.0 | 13:10.4 105.8            | 322.021          |
| 6  | 636        | H    |    | Sköll            | Jur Dusseldorp              | 1x | 14:31.0 105.9 | 0.0           | 17:31.1 109.8 | 13:06.8 106.1            | 321.735          |
| 7  | 660        | HM   | A  | Willem III       | Martijn Veling              | 1x | 13:05.4 110.0 | 07:22.6 108.1 | 18:36.3 108.0 | 13:45.9 103.2            | 321.318          |
| 8  | 657        | HM   | C  | Hoop             | Jelle Sernee                | 2- | 0.0           | 07:30.4 107.3 | 18:52.8 107.5 | 13:01.4 106.4<br>12:20.7 | 321.309          |
| 9  | 664        | HM   | A  | Hoop             | Floris Loeffen              | 1x | 0.0           | 07:59.4 104.6 | 19:44.0 106.1 | 12:41.8 107.9            | 318.524          |
| 10 | 634        | H    |    | Willem III       | Jaap de Jong                | 1x | 15:25.6 103.2 | 08:51.3 99.6  | 17:56.9 109.1 | 13:05.1 106.2            | 318.487          |
| 11 | 665        | HM   | C  | Willem III       | Tjerk Gualthérie van Weezel | 1x | 0.0           | 07:16.5 108.6 | 20:13.2 105.3 | 13:49.2 103.0            | 316.943          |
| 12 | 658        | HM   | A  | Maas             | Thijs van Luijk             | 2- | 13:22.4 109.2 | 0.0           | 23:19.2 100.1 | 12:58.3 106.7<br>12:17.7 | 315.917          |
| 13 | 680        | HM   | A  | Orca             | Vincent de Vries            | 1x | 15:35.0 102.7 | 0.0           | 20:23.4 105.0 | 12:53.0 107.1            | 314.797          |
| 14 | 699        | D    |    | Nereus           | Martine Veldhuis            | 1x | 14:31.7 105.8 | 0.0           | 21:08.0 103.7 | 13:19.0 105.2            | 314.746          |
| 15 | 662        | HM   | C  | Sköll            | Matthijs Vellenga           | 1x | 14:44.3 105.2 | 0.0           | 21:23.8 103.3 | 13:25.8 104.7            | 313.204          |
| 16 | 667        | HM   | D  | Asser Roeiclub   | Bas Nieuwenhuis             | 1x | 14:51.5 104.9 | 07:50.1 105.5 | 0.0           | 13:58.2 102.4            | 312.674          |
| 17 | 638        | H    |    | Willem III       | Samuel de Groot             | 1x | 16:31.7 100.0 | 0.0           | 19:42.7 106.1 | 13:04.9 106.2            | 312.333          |
| 18 | 655        | J18  |    | Willem III       | Tijmen van der Zee          | 1x | 15:07.1 104.1 | 0.0           | 21:00.4 104.0 | 13:33.8 104.1            | 312.179          |
| 19 | 698        | D    |    | Aegir            | Ilse Kolkman                | 1x | 15:01.8 104.4 | 0.0           | 20:59.9 104.0 | 13:40.8 103.6            | 311.947          |
| 20 | 649        | J18  |    | Willem III       | Jaap Baud                   | 1x | 15:34.0 102.8 | 0.0           | 22:12.5 101.9 | 12:55.2 106.9            | 311.630          |
| 21 | 663        | HM   | A  | Phocas           | Erwin Huzen                 | 1x | 13:07.5 109.9 | 0.0           | 23:48.5 99.2  | 13:59.0 102.3            | 311.455          |
| 22 | 668        | HM   | A  | Willem III       | Artem Platonov              | 1x | 15:27.2 103.1 | 0.0           | 20:11.9 105.3 | 13:54.0 102.7            | 311.112          |
| 23 | 697        | D    |    | Willem III       | Janneke van der Meulen      | 1x | 14:58.6 104.5 | 0.0           | 22:38.7 101.2 | 13:39.0 103.7            | 309.463          |
| 24 | 651        | J18  |    | Willem III       | Ole Wulffraat               | 1x | 16:15.2 100.8 | 0.0           | 22:11.8 102.0 | 13:05.8 106.1            | 308.891          |
| 25 | 645        | H    |    | RIC              | Sep Gieskens                | 1x | 14:58.2 104.5 | 08:39.3 100.8 | 0.0           | 13:57.9 102.4            | 307.690          |
| 26 | 642        | H    | SB | Euros            | Thada de Bruijne            | 1x | 15:42.6 102.4 | 0.0           | 20:44.4 104.4 | 14:19.8 100.8            | 307.600          |
| 27 | 675        | HM   | A  | De Hunze         | Anne Wiebe Hoekstra         | 1x | 15:39.7 102.5 | 13:46.0 71.6  | 22:16.9 101.8 | 13:55.1 102.6            | 306.924          |
| 28 | 674        | HM   | C  | Asser Roeiclub   | Jurriaan Hamstra            | 1x | 0.0           | 07:50.3 105.4 | 20:53.5 104.2 | 15:12.8 97.0             | 306.588          |
| 29 | 671        | HM   | C  | Willem III       | Stijn van den Heuvel        | 1x | 15:07.6 104.1 | 08:58.2 99.0  | 0.0           | 13:58.7 102.3            | 305.378          |
| 30 | 681        | HM   | D  | Alkmaarsche R&ZV | Frank Al                    | 1x | 15:27.7 103.1 | 08:47.4 100.0 | 0.0           | 14:05.0 101.9            | 304.979          |
| 31 | 703        | D    |    | Willem III       | Yumiko van Diest            | 1x | 16:15.5 100.8 | 08:02.5 104.3 | 26:10.9 95.3  | 14:35.6 99.7             | 304.734          |
| 32 | 691        | HM   | D  | Nereus           | Gijs Hoen                   | 1x | 17:19.3 97.7  | 08:25.7 102.1 | 21:47.5 102.6 | 14:31.5 100.0            | 304.675          |
| 33 | 712        | DM   | A  | Zwolsche R&ZV    | Benita de Man               | 1x | 16:29.5 100.1 | 08:04.6 104.1 | 0.0           | 14:30.5 100.0            | 304.222          |
| 34 | 635        | H    |    | Zwolsche R&ZV    | Benjamin Beekman            | 1x | 15:19.5 103.5 | 09:19.6 96.9  | 0.0           | 13:49.4 103.0            | 303.434          |
| 35 | 670        | HM   | D  | De Hunze         | Pieter Dieleman             | 1x | 15:54.6 101.8 | 08:36.2 101.1 | 0.0           | 14:31.1 100.0            | 302.864          |
| 36 | 676        | HM   | E  | Hemus            | Jantinus Ziengs             | 1x | 16:10.9 101.0 | 0.0           | 22:20.3 101.7 | 14:30.5 100.0            | 302.772          |
| 37 | 695        | HM   | C  | Euros            | Lars Hoeksel                | 1x | 15:40.4 102.5 | 08:21.8 102.4 | 0.0           | 15:09.3 97.3             | 302.176          |
| 38 | 686        | HM   | D  | Willem III       | Jan Kloosterboer            | 1x | 16:27.8 100.2 | 08:54.5 99.3  | 0.0           | 14:01.2 102.1            | 301.663          |
| 39 | 653        | J18  |    | Willem III       | Thijs Geels                 | 1x | 17:37.3 96.8  | 0.0           | 23:05.5 100.5 | 13:31.5 104.3            | 301.559          |
| 40 | 646        | H    |    | RIC              | Finn van Houts              | 1x | 0.0           | 08:29.6 101.7 | 19:52.9 105.9 | 15:56.0 93.9             | 301.440          |
| 41 | 654        | J18  |    | Willem III       | Thomas Wesdorp              | 1x | 17:20.1 97.7  | 0.0           | 23:21.7 100.0 | 13:43.0 103.5            | 301.112          |
| 42 | 644        | H    |    | Alkmaarsche R&ZV | Mads Ottenbros              | 1x | 16:26.1 100.3 | 09:15.3 97.3  | 20:55.4 104.1 | 15:17.0 96.7             | 301.071          |
| 43 | 643        | H    | SB | Laga             | Tomer Havivi                | 1x | 17:33.3 97.0  | 0.0           | 21:05.8 103.8 | 14:29.5 100.1            | 300.937          |
| 44 | 666        | HM   | C  | Willem III       | Alex Hartsuiker             | 1x | 16:58.5 98.7  | 0.0           | 23:18.4 100.1 | 14:05.4 101.8            | 300.641          |
| 45 | 692        | HM   | D  | Willem III       | Jasper Drenth               | 1x | 17:02.6 98.5  | 08:29.5 101.7 | 0.0           | 14:26.7 100.3            | 300.522          |
| 46 | 637        | H    | SB | Laga             | Wessel Wenneker             | 1x | 17:15.9 97.9  | 0.0           | 23:24.1 99.9  | 13:55.4 102.6            | 300.357          |

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|----|------------|------|----|-----------------|----------------------|----|------------|-------|-----------|-------|-----------|-------|--------------------|-------|------------------|
| 47 | 673        | HM   | E  | De Kogge        | Arno Smit            | 1x | 15:04.4    | 104.2 | 08:05.9   | 103.9 | 22:03.5   | 102.2 | 16:24.0            | 91.9  | 300.064          |
| 48 | 685        | HM   | A  | Zwolsche R&ZV   | Sander Heijkoop      | 1x | 15:49.1    | 102.1 |           | 0.0   | 24:26.0   | 98.2  | 14:43.2            | 99.1  | 299.393          |
| 49 | 708        | DM   | B  | Willem III      | Hilda Nes            | 2- | 16:09.1    | 101.1 | 07:54.9   | 105.0 |           | 0.0   | 16:04.3<br>15:14.0 | 93.3  | 299.391          |
| 50 | 677        | HM   | A  | Asser Roeicclub | Martin Lunenburg     | 1x |            | 0.0   | 09:27.5   | 96.2  | 22:16.0   | 101.8 | 14:27.7            | 100.2 | 298.270          |
| 51 | 728        | DM   | C  | Hemus           | Irene van den Broek  | 1x | 15:50.9    | 102.0 | 07:57.7   | 104.7 | 22:35.8   | 101.3 | 16:30.4            | 91.4  | 298.130          |
| 52 | 679        | HM   | A  | De Hunze        | Steven Russcher      | 1x | 16:55.7    | 98.8  |           | 0.0   | 24:55.6   | 97.4  | 14:13.4            | 101.3 | 297.478          |
| 53 | 640        | H    | SB | Proteus-Eretes  | Berend Zwolle        | 1x |            | 0.0   | 10:02.3   | 92.9  | 22:52.2   | 100.8 | 13:40.8            | 103.6 | 297.316          |
| 54 | 705        | D    |    | Willem III      | Carlijn de Rooij     | 1x | 16:52.7    | 99.0  |           | 0.0   | 23:29.4   | 99.8  | 14:59.2            | 98.0  | 296.746          |
| 55 | 682        | HM   | D  | Willem III      | Adri Middag          | 1x | 15:38.8    | 102.6 | 10:35.6   | 89.7  |           | 0.0   | 13:30.6            | 104.3 | 296.619          |
| 56 | 694        | HM   | G  | RIC             | Vincent Haaker       | 1x | 16:41.7    | 99.5  | 09:10.2   | 97.8  |           | 0.0   | 14:41.6            | 99.2  | 296.591          |
| 57 | 647        | J18  |    | Spaarne         | Arend Keller         | 2x | 16:22.9    | 100.4 | 09:44.5   | 94.6  | 23:46.3   | 99.3  | 15:18.7<br>13:47.7 | 96.6  | 296.315          |
| 58 | 715        | DM   | A  | Willem III      | Floor van Lieshout   | 1x | 17:22.4    | 97.5  |           | 0.0   | 24:17.0   | 98.5  | 14:40.9            | 99.3  | 295.288          |
| 59 | 724        | DM   | A  | Willem III      | Marijn Wolters       | 1x | 17:29.5    | 97.2  |           | 0.0   | 25:27.0   | 96.5  | 14:18.9            | 100.9 | 294.565          |
| 60 | 702        | D    |    | RIC             | Mila Burger          | 1x | 17:05.3    | 98.4  | 08:33.5   | 101.3 | 29:06.4   | 90.3  | 16:09.3            | 92.9  | 292.634          |
| 61 | 688        | HM   | C  | DDS             | Misha Nuis           | 1x | 17:32.9    | 97.0  |           | 0.0   | 25:00.6   | 97.2  | 15:07.0            | 97.4  | 291.681          |
| 62 | 721        | DM   | C  | Hoop            | Jannemieke ter Horst | 1x | 18:22.1    | 94.6  | 09:26.2   | 96.3  | 23:37.2   | 99.6  | 15:32.1            | 95.6  | 291.489          |
| 63 | 727        | DM   | A  | RIC             | Helga Emke           | 1x | 17:38.6    | 96.8  |           | 0.0   | 25:13.6   | 96.9  | 15:03.8            | 97.6  | 291.271          |
| 64 | 710        | DM   | A  | De Hunze        | Nienke Mekkes        | 1x | 16:37.4    | 99.7  |           | 0.0   | 29:52.0   | 89.1  | 13:59.7            | 102.3 | 291.045          |
| 65 | 711        | DM   | B  | RIC             | Ellen Maas           | 1x | 18:24.8    | 94.5  |           | 0.0   | 25:28.1   | 96.5  | 14:31.3            | 100.0 | 290.962          |
| 66 | 678        | HM   | F  | Amstel          | Steven Otto          | 1x |            | 0.0   | 09:02.2   | 98.6  | 24:27.0   | 98.2  | 15:53.8            | 94.1  | 290.817          |
| 67 | 684        | HM   | E  | RIC             | Roel van der Steen   | 1x | 17:19.3    | 97.7  |           | 0.0   | 26:40.5   | 94.4  | 14:53.1            | 98.4  | 290.541          |
| 68 | 648        | J18  |    | Spaarne         | Bart Oostdijk        | 2x | 17:41.1    | 96.6  |           | 0.0   | 25:01.3   | 97.2  | 15:18.7<br>13:47.7 | 96.6  | 290.423          |
| 69 | 713        | DM   | A  | Willem III      | Arlette de Vegt      | 1x | 18:48.7    | 93.4  |           | 0.0   | 25:16.3   | 96.8  | 14:39.9            | 99.4  | 289.516          |
| 70 | 701        | D    |    | DDS             | Julia Rademaker      | 1x |            | 0.0   | 10:08.7   | 92.3  | 23:40.4   | 99.5  | 15:27.8            | 95.9  | 287.664          |
| 71 | 719        | DM   | A  | Phocas          | Sibylle Lange        | 1x | 17:56.1    | 95.9  | 11:28.9   | 84.6  | 26:06.2   | 95.4  | 15:21.8            | 96.4  | 287.655          |
| 72 | 709        | DM   | A  | Willem III      | Marissa Wijnker      | 2- | 17:05.2    | 98.4  | 10:14.8   | 91.7  | 25:45.5   | 96.0  | 16:04.3<br>15:14.0 | 93.3  | 287.647          |
| 73 | 722        | DM   | A  | Willem III      | Inte Koopman         | 1x | 18:46.3    | 93.5  |           | 0.0   | 25:40.2   | 96.1  | 15:03.1            | 97.7  | 287.294          |
| 74 | 669        | HM   | F  | De Hunze        | Altinus Meijer       | 1x | 16:54.9    | 98.9  |           | 0.0   | 26:14.7   | 95.2  | 16:08.0            | 93.0  | 287.062          |
| 75 | 725        | DM   | A  | DDS             | Maaïke Mossinkoff    | 1x |            | 0.0   | 09:13.6   | 97.5  | 26:39.9   | 94.4  | 15:56.2            | 93.9  | 285.836          |
| 76 | 707        | D    |    | Proteus-Eretes  | Danique Buchner      | 2- | 17:16.9    | 97.8  |           | 0.0   | 28:01.7   | 92.2  | 15:35.0<br>14:46.3 | 95.4  | 285.370          |
| 77 | 696        | HM   | F  | Willem III      | Martin Verkuil       | 1x | 17:29.2    | 97.2  |           | 0.0   | 26:07.0   | 95.4  | 16:12.8            | 92.7  | 285.270          |
| 78 | 683        | HM   | G  | Willem III      | Henk Wim van Arem    | 1x | 17:12.3    | 98.0  |           | 0.0   | 28:05.9   | 92.0  | 15:39.5            | 95.1  | 285.152          |
| 79 | 718        | DM   | E  | RIC             | Margriet Lucassen    | 1x | 18:49.3    | 93.3  |           | 0.0   | 25:46.4   | 95.9  | 15:32.0            | 95.6  | 284.898          |
| 80 | 706        | D    |    | Proteus-Eretes  | Amber Stienstra      | 2- | 17:24.5    | 97.4  |           | 0.0   | 28:11.8   | 91.9  | 15:35.0<br>14:46.3 | 95.4  | 284.718          |
| 81 | 641        | H    |    | Euros           | Stag Laninga         | 1x | 17:01.2    | 98.6  |           | 0.0   | 27:05.5   | 93.7  | 16:22.9            | 92.0  | 284.262          |
| 82 | 723        | DM   | B  | RIC             | Charlotte Verberne   | 1x | 19:44.1    | 90.7  |           | 0.0   | 24:25.2   | 98.2  | 15:36.3            | 95.3  | 284.207          |
| 83 | 693        | HM   | E  | Zwolsche R&ZV   | Mathieu van der Veen | 1x | 18:26.6    | 94.4  |           | 0.0   | 26:51.6   | 94.1  | 15:32.7            | 95.6  | 284.121          |
| 84 | 717        | DM   | C  | Willem III      | Annegien Kok         | 1x | 18:41.7    | 93.7  |           | 0.0   | 28:04.2   | 92.1  | 15:01.5            | 97.8  | 283.598          |
| 85 | 714        | DM   | C  | RIC             | Floor van Gulik      | 1x | 17:47.3    | 96.3  |           | 0.0   | 28:16.8   | 91.7  | 15:33.6            | 95.5  | 283.574          |
| 86 | 720        | DM   | A  | Willem III      | Saskia Triscos       | 1x | 18:54.0    | 93.1  |           | 0.0   | 24:22.7   | 98.3  | 16:20.3            | 92.1  | 283.543          |
| 87 | 716        | DM   | E  | De Kogge        | Ruth Visser          | 1x | 17:33.4    | 97.0  | 09:33.8   | 95.6  |           | 0.0   | 16:56.0            | 89.6  | 282.177          |
| 88 | 672        | HM   | A  | Orca            | Jeroen Dekker        | 1x | 19:11.0    | 92.3  |           | 0.0   | 25:54.2   | 95.7  | 16:03.4            | 93.4  | 281.370          |
| 89 | 650        | J18  |    | Spaarne         | Bram Blussé          | 1x | 19:59.2    | 89.9  |           | 0.0   | 25:56.3   | 95.7  | 15:38.6            | 95.1  | 280.757          |
| 90 | 689        | HM   | E  | De Kogge        | Thijs Nouwens        | 1x | 17:33.4    | 97.0  | 11:34.3   | 84.1  |           | 0.0   | 15:59.0            | 93.7  | 274.810          |
| 91 | 639        | H    |    | Proteus-Eretes  | Tim Huyse            | 1x | 16:27.6    | 100.2 | 16:21.4   | 56.8  |           | 0.0   | 15:34.5            | 95.4  | 252.444          |
| 92 | 652        | J18  |    | Willem III      | Lucas Wesdorp        | 1x | 16:22.5    | 100.4 |           | 0.0   | 23:03.2   | 100.5 |                    | 0.0   | 200.964          |
| 93 | 700        | D    |    | Gyas            | Ymkje Clevering      | 1x |            | 0.0   |           | 0.0   | 22:54.5   | 100.8 |                    | 0.0   | 100.762          |
| 94 | 633        | H    |    | Pampus          | Niki van Sprang      | 1x |            | 0.0   |           | 0.0   |           | 0.0   |                    | 0.0   | 0.000            |
| 95 | 687        | HM   | C  | Willem III      | Robin Puls           | 1x |            | 0.0   |           | 0.0   |           | 0.0   |                    | 0.0   | 0.000            |
| 96 | 690        | HM   | D  | Willem III      | Paul Hoffschult      | 1x |            | 0.0   |           | 0.0   |           | 0.0   |                    | 0.0   | 0.000            |
| 97 | 704        | D    |    | RIC             | Mente Schipper       | 1x |            | 0.0   |           | 0.0   |           | 0.0   |                    | 0.0   | 0.000            |
| 98 | 726        | DM   | A  | Willem III      | Silke Mulder         | 1x |            | 0.0   |           | 0.0   |           | 0.0   |                    | 0.0   | 0.000            |